

## **Saturday Examen: 1 May 2021 (St Joseph the Worker)**

### Saturday Examen

Today the Church remembers St Joseph, husband of Mary, under the title “St Joseph the Worker”. The work that we do can be a prime way of using the creativity that God has given us. So today in prayer you’re invited to review the work you do, whether paid or not, full-time or part-time, freely-chosen or simply necessary. So start by thinking how you’d describe your work to a new acquaintance.

What’s been the best thing about the work that you’ve done recently? What made that stand out for you?

And where have you found work most difficult, or challenging, or maybe simply boring?

Is there some aspect of your work that helps make the world more as God would want it to be? Can you pick out one time in the last week or two when you can imagine God looking at your work, and saying “That is very good!”?

And looking forward to the next week or so, what do you most need from God in your working life? Or what is there in your working life that you most want to thank God for? Take this last moment or two to thank God for what you need, or to thank God for what you’ve been given.

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.