

Saturday Examen

Where did I see the presence of God this week?

I have met saints and gospel characters this week. Can I recall how one particular character influenced my prayer?

Where did I feel an opening of understanding?

Where did I push against God's voice? Why was that?

At the end of this week, what have I learnt? What wisdom have I taken to heart? And what do I desire from God in the week to come?

You have given all to me. To you, Lord, I return it. Everything is yours; do with it what you will. Give me only your love and your grace, that is enough for me.