

## **Wednesday 18 September**

Today is Wednesday the 18 September, in the 24th Week of Ordinary Time.

Come, my way, my truth, my life, As I enter this time of prayer today, I begin by inviting the Lord into my life. I acknowledge my need for God, to show me the way, to teach me the truth, to give me life.

Today's reading is from the First Letter to Timothy.

This letter provides instructions: if the writer gets stuck somewhere, these are the absolute essentials. It's what the writer most wants people to know about Jesus? Who is Jesus for you?

If you wanted to tell someone the absolute essentials of your own faith, what would you say?

Listen again to the passage, and imagine the words being spoken directly to you.

In the last moments of this prayer, turn to the Lord. Can you give thanks for the mystery of your own faith?