

## Day 7

People pray in different ways. This is true for couples too. Sometimes more words are helpful; sometimes more silence. There don't have to be any words at all and that is a perfectly good way to pray together. Today, then, try that. After the opening prayer, be still together. As psalm 46 says, "Be still and know that I am God."

We'll play music for a couple of minutes; press pause if you'd like some more time.

Father, you know us, you love us and you call us by name as a couple. Holy Spirit, give us your strength to grow strong together. Christ Jesus, make your home with us, as we make ours with you...

You've tried a few exercises this week. Some will have been more helpful than others. Are there some you might like to keep up in some way? You might like to pause here to share your thoughts before continuing with the session?

The gospel reading most often used in a wedding service is the Marriage Feast of Cana.

There was a lot of wine at Cana; and a lot to celebrate for a couple who loved each other and had Jesus in their home. How does that Jesus want you to celebrate your marriage? . . . If you would like to pause to reflect on this together, take a moment now?

Lord, even when our lives are dry and we are parched, you come to us and bring the best wine. Come, Lord Jesus, come. We ask this in your name. AMEN.

Glory be . . .