

Easter Saturday Examen

Take a moment to become aware of the presence of God today.

We have reflected this week on Jesus's appearances to his friends and disciples, after the Resurrection. Where has Jesus appeared to you this week?

Was there a particular moment in your week that led you to experience that same joy the disciples felt at being close to Jesus once again? One where you felt a lightness of heart?

Was there a particular moment you didn't feel that joy? Perhaps a moment you felt like Mary, weeping outside the tomb, separated from the Lord...

What does God want to say to you about all of these moments? Offer your past week, and your week to come, to the Lord, now.