

Saturday Examen

Our prayer this week has taken place in the first full week of Lent, but also during a pandemic... How are you choosing to draw closer to God in this year's Lenten season, which might look a little different?

After the first ten days, how is Lent going for you this year? Is there anything in your practice that needs fine-tuning before you move forward?

Can you recall a time of prayer this week when you felt particularly close to God?

Where, in prayer or elsewhere, have you felt yourself challenged by God or God's word this week?

What might God want to be offering you in the coming days?

You have given all to me. To you, Lord, I return it.

Everything is yours; do with it what you will. Give me only your love and your grace, that is enough for me.

